**Study Notes for the Sunday Mass** Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5

# Sunday Mass Study Notes for Sunday, 8-28-2016




Welcome back to the Sunday Mass notes for **8-28-2016**. This week we examine the Book of Hebrews where we see the difference between the Old and New Covenants. We close with Jesus' teaching the Pharisees about humility, a message that all of us need to hear.

The first reading is from the Apocrypha. This body of work provides some important historical insights into the 400-year silent period just prior to the birth of Jesus. We encourage our readers to become familiar with the cultural and historical context leading up to the publishing of the New Testament.

***Introduction to the Second Reading:***

The second reading continues the study from last week in the Book of Hebrews. The context of the reading is following the author's teaching on the necessity of a believer to pursue peace and sanctification, "without which no one will see the Lord" (Hebrews 12:14b). The writer provided the counter example of ungodly Esau, "who sold his own birthright for a single meal" (v. 16b). Today's reading moves to the subject of the ways in which God deals with believers in the Old versus New Covenants.

***Second Reading:***

Note: The text below includes verses 20-21 and 24b-ff that were omitted from the reading.

*Hebrews 12:18-24 NAS95 18 For you have not come to a mountain that can be touched and to a blazing fire, and to darkness and gloom and whirlwind, 19 and to the blast of a trumpet and the sound of words which sound was such that those who heard begged that no further word be spoken to them. 20 For they could not bear the command, "IF EVEN A BEAST TOUCHES THE MOUNTAIN, IT WILL BE STONED." 21 And so terrible was the sight, that Moses said, "I AM FULL OF FEAR and trembling." 22 But you have come to Mount Zion and to the city of the living God, the heavenly Jerusalem, and to myriads of angels, 23 to the general assembly and church of the firstborn who are enrolled in heaven, and to God, the Judge of all, and to the spirits of the righteous made perfect, 24 and to Jesus, the mediator of a new covenant, and to the sprinkled blood, which speaks better than the blood of Abel.*

The author expressed the great contrast that exists between God's covenantal relationship with believers in the Old and New Covenants. The idea expressed is the difference between the terrors of God revealed on Mount Sinai versus the peace found on Mount Zion. Believers in the Lord Jesus as a part of the New Covenant can approach the throne of God with boldness in contrast to the fearful manner in which the Jews experienced God at Mount Sinai in the Old (see also Hebrews 4:16). The writer expressed how as New Testament believers we come not to a mountain burning with fire but rather Mount Zion, the holy city of God (v. 22a). This spiritual city consists of "myriads of angels" (v. 22c), "the general assembly and church of the firstborn who are enrolled in heaven" (v. 23a), God the Judge of all (v. 23b), "the spirits of the righteous made perfect" (v. 23d), and "Jesus, the mediator of a new covenant" (v. 24a). The New Covenant provides a qualitatively different relationship between God and man through the "mediatorship" of Jesus Christ. This covenant is much better than the old one because through the blood of Jesus Christ believers are made perfect without the consciousness of sin that perpetually existed in the Old Covenant. We find this stated earlier in the Book. "For the Law, since it has only a shadow of the good things to come and not the very form of things, can never, by the same sacrifices which they offer continually year by year, make perfect those who draw near. Otherwise, would they not have ceased to be offered, because the worshipers, having once been cleansed, would no longer have had consciousness of sins?" (Hebrews 10:1-2).

The reading shows us how our changeless God revealed Himself through two different covenants. The Mosaic Covenant was delivered to Moses on Mount Sinai through "blazing fire, "darkness," "gloom," a "whirlwind," "trumpet and the sounds of words which sound was such that those who heard begged that no further word be spoken to them" (v. 18). This contrast is nowhere more evident in that of the blood of Abel versus the blood of Jesus in verse 24. Although God accepted Abel's sacrifice because it was offered by faith, the blood of Jesus Christ is infinitely greater than that of Abel because Christ's blood atoned for the sins of the whole world. As New Testament believers, we look forward to seeing Mount Zion, the holy city.

***Introduction to the Gospel Reading:***

This week we return to Hebrews and the Gospel of Luke that we saw last week. And again we see some more about the group called the Pharisees in the Gospel teaching, just like the last week.

Perhaps what may be helpful here is a bit of background about this group of Jewish people. The Pharisees were middle-class common men that were not necessarily educated like the other group known as the Sadducees. The Pharisees differed in their beliefs from the Sadducees in that they believed in life after death, in miracles, and also in angelic beings. They believed that the word of God was inspired and sought to hold very strictly to the tradition of the Law as given by Moses in the first five books of the Bible, known as the Pentateuch. However, they taught falsely that their oral traditions held equal authority to Scripture. Jesus warned the Pharisees about these and other false teachings in His message of the seven woes found in Matthew 23:1-36. In our day, we must endeavor to always measure and test our own religious traditions and beliefs against the unchanging Scriptures.

Now we will examine the context of today's reading from Saint Luke. Here we find Jesus dining at the home of a certain famous Pharisee, likely a member of the ruling council called the Sanhedrin. Could it have been someone like Saint Paul, who was a Pharisee himself? Anyway the Scripture says that the "people" were observing him carefully. It would seem that they were trying to find some fault in Jesus, to trip him up, to find a reason for which they could bring him to trial. It would also seem that other Pharisees were present. So as Jesus often did he told a parable. When you hear the word "parable" I suggest you think of it this way. The word means quite literally "to throw alongside." So think of a parable as a story is thrown alongside to show you some certain spiritual truth. Be careful not to try and make a parable walk on all fours, but just try to get out of it the single spiritual truth. Also, be careful to not take it literally if it isn't meant to be taken that way, and we can determine if that is the case by looking at the context.

Consider this parable that Jesus gave directly to the Pharisees and also the context as you read it. Imagine yourself sitting with the Jesus among the Pharisees, a group who strived to please God through their observance of the Law and holding to *their* oral traditions. We need to also carefully consider that the reading for this week omitted verses 2-6 in Luke chapter 14. This is unfortunate because these verses very clearly describe the context of Jesus' teaching. Looking at the missing five verses, we find that the audience also included a man suffering from some abnormal swelling of his body. The Pharisees proceed to ask Jesus whether it was lawful to heal on the Sabbath which was the day all of this took place, Saturday (the Jews' Sabbath was always the last day of the week not on Sunday as is celebrated by Christians). Jesus responded to their question with a question (as Jesus' often did!). He asked the Pharisees what would they do if their child or ox fell into a hole on the Sabbath, would they pull them out immediately? The implied answer is of course **yes**. Anyone knows through pure common sense that you would pull your child or ox out of hole on the Sabbath Day. Jesus then took a hold of the man and healed him on the spot, something which no doubt caused great anger to the Pharisees. They were likely thinking something like, "You just broke the Sabbath Law, and for this lowly scum of a man with a bloated face and who is ceremonially unclean." The question is, what was this man with dropsy even doing there at the prominent Pharisee's house? According to the Law he would be ruled unclean and unable to enter the temple, but here he was at the home of the prominent Pharisee. Were the Pharisees not already bending their rules to allow this unclean man to be there at the meal? Or were they being hypocritical, or was the man able to wander in because of the typically open configuration of the ancient near

eastern home? The text does not say. Now with this context in mind let's look at the parable.

***Gospel Reading:***

*Luke 14:1 NAS95 1 It happened that when He went into the house of one of the leaders of the Pharisees on the Sabbath to eat bread, they were watching Him closely.*

*Omitted Verses:*

*Luke 14:2-6 NAS95 2 And there in front of Him was a man suffering from dropsy. 3 And Jesus answered and spoke to the lawyers and Pharisees, saying, "Is it lawful to heal on the Sabbath, or not?" 4 But they kept silent. And He took hold of him and healed him, and sent him away. 5 And He said to them, "Which one of you will have a son or an ox fall into a well, and will not immediately pull him out on a Sabbath day?" 6 And they could make no reply to this.*

*Luke 14:7-14 NAS95 7 And He began speaking a parable to the invited guests when He noticed how they had been picking out the places of honor at the table, saying to them, 8 "When you are invited by someone to a wedding feast, do not take the place of honor, for someone more distinguished than you may have been invited by him, 9 and he who invited you both will come and say to you, 'Give your place to this man,' and then in disgrace you proceed to occupy the last place. 10 But when you are invited, go and recline at the last place, so that when the one who has invited you comes, he may say to you, 'Friend, move up higher'; then you will have honor in the sight of all who are at the table with you. 11 For everyone who exalts himself will be humbled, and he who humbles himself will be exalted. 12 And He also went on to say to the one who had invited Him, 'When you give a luncheon or a dinner, do not invite your friends or your brothers or your relatives or rich neighbors, otherwise they may also invite you in return and that will be your repayment. 13 But when you give a reception, invite the poor, the crippled, the lame, the blind, 14 and you will be blessed, since they do not have the means to repay you; for you will be repaid at the resurrection of the righteous.'"*

Jesus' parable was a frontal attack upon the Pharisees who "love[d] the chief seats in the synagogues and the respectful greetings in the market places" (Luke 11:43). Because the Pharisees were exalting themselves over everyone else, their problem was one of pride. The central taught by Jesus in this passage was God's calling to be humble. By humbling yourself to help those that cannot help themselves you will be repaid in heaven, but the reward may not be obvious in this life. Jesus was upsetting the apple cart of the Pharisees' world by suggesting that the lowly people in this world, like the man with the terrible dropsy, would be exalted in the coming kingdom of heaven. Jesus demonstrated His own humility through the healing of the man with dropsy (Luke 14:3) in spite of the fact that He knew it would anger the Pharisees with whom He would soon be dining. He then went on to give them teaching about why being humble was so important.

Read again the section in the reading regarding this upside down world that Jesus is teaching regarding His kingdom. "For every one who exalts himself will be humbled, but the one who humbles himself will be exalted" (v. 11). God is the only one we may exalt any of us, although the Pharisees exalted themselves above everyone else, even above their sick brother.

To apply today's reading in our lives we can pray to God to help us to see ourselves as servants to those people that don't believe in the Lord Jesus Christ. We can ask God to show us how to see ourselves "washing their dirty feet," helping to heal their sickness, and serving them by praying for them. We can ask God to give us the courage to speak to them about the forgiveness of sins that is given only through believing that Jesus Christ died one single time on the cross for their sins, through a sacrifice than can never be repeated.

**Bottom Line: Questions for Reflection**

1. Can you think of a time this past week when I considered myself as better than someone else? What was the circumstance? In what ways does Jesus speak to you from what you learned in the Gospel message?

2. What is one thing that you can change in regards to this teaching of Jesus on the necessity of being humble?

**Readings for the Week**

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Note: For a listing of readings for the Roman Catholic Mass, visit this web site:

http://www.usccb.org/bible/readings/082816.cfm

Twenty-second Sunday in Ordinary Time

Lectionary: 126

**Source(s):**

Online Scripture verses for most Bible versions can be found at: http://www.biblegateway.com/

Scripture quotations taken from the NASB

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# Mass Study Notes for Sunday, 3-13-2016




Welcome back to the Sunday Mass notes for **3-13-2016**. This week we open with the Old Testament reading from Isaiah in which we see his foretelling of an aspect of the New Covenant. In the second reading, we learn about Paul's passion in running the race for Jesus in opposing the false teachers of his era. We close with the story of the woman caught in adultery from the Gospel of John.

***Introduction to the First Reading:***

Let's review the background of the Prophet Isaiah from which the first reading was taken. Isaiah was a prophet to the Southern Kingdom of Judah shortly after the Northern Kingdom (called Israel) was conquered by Assyria in 722 BC. Isaiah brought a dire message to Judah that God was going to use a foreign nation to judge them, like what had just happened to Israel. He also proclaimed a message of hope and restoration including a promise that a Messiah would come to restore all that would be taken from God's chosen people. He is one of the most important prophets because of all of the information he provided regarding the coming Messiah. He said regarding this future Ruler, "Therefore the Lord Himself will give you a sign: Behold, a virgin will be with child and bear a son, and she will call His name Immanuel" (7:14). He continued, "For a child will be born to us, a son will be given to us; And the government will rest on His shoulders; And His name will be called Wonderful Counselor, Mighty God, Eternal Father, Prince of Peace" (9:6). His writings then moved onto the near term prediction about the coming invasion by Babylon and closed with a series of messages with a very long range view including the time during which Jesus will reign on earth

during the Millennial Kingdom.

Today's reading is from a section in which we see how God reminds the people of Judah about God's greatness as well as His sovereignty. Chapter 43 opens with, "But now, thus says the LORD, your Creator, O Jacob, And He who formed you, O Israel, Do not fear, for I have redeemed you; I have called you by name; you are Mine!" (Isaiah 43:1). God reminds the people of His unique covenantal relationship with them. He shows how He is with them during their hardships that He allowed to overtake them in order to accomplish His purposes. The second verse in the chapter says, "When you pass through the waters, I will be with you; And through the rivers, they will not overflow you. When you walk through the fire, you will not be scorched, Nor will the flame burn you." We see similar wording in today's reading.

***First Reading:***

*Isaiah 43:16-21 NAS95 16 Thus says the LORD, Who makes a way through the sea And a path through the mighty waters, 17 Who brings forth the chariot and the horse, The army and the mighty man (They will lie down together and not rise again; They have been quenched and extinguished like a wick): 18 "Do not call to mind the former things, Or ponder things of the past. 19 Behold, I will do something new, Now it will spring forth; Will you not be aware of it? I will even make a roadway in the wilderness, Rivers in the desert. 20 The beasts of the field will glorify Me, The jackals and the ostriches, Because I have given waters in the wilderness And rivers in the desert, To give drink to My chosen people. 21 The people whom I formed for Myself Will declare My praise.*

Isaiah is providing comfort to those in the future who will return from the Babylonian Captivity some 150 years in the future. He reminds them of who God is because it will be hard for them to understand God in the midst of their discipline that came about through the exile. God reminds them of He acted powerfully during the first Exodus under the direction of Moses (vv. 16 – 17). Moses was the one to whom the Law was given (Mosaic Covenant). The Mosaic Covenant included the Ten Commandments and the other requirements, which the Jewish people had to fulfil in order to show their covenant relationship with God. Isaiah brings out a contrast in the next verses. In other words, he is saying something like, "if you through the Exodus was amazing just wait until you see what I do in the future." To which future event is Isaiah be referring, has it already happened or is it yet to transpire? Here are some characteristics of this future event.

- It comes on suddenly (v. 19b).
- It is undetected (v. 19b), the Jewish people will miss it.
- It is something supernatural because it defies the natural order of things (streams in the desert, v. 19c).
- Everything and everyone will praise the Lord, right down to the wild animals, jackals and owls (v. 20).
- It will completely satisfy people's spiritual thirst (v. 20, see also Isaiah 55:1-3).

Based on what Isaiah predicted, it becomes clear that he was referring to the New Covenant

inaugurated by Jesus. This is a new and better deliverance (and "exodus") which outshines the original Exodus from Egypt and the Mosaic Covenant. It started at Jesus' First Advent (His death and resurrection), but it will be fully realized at His Second Advent when everything will be made right.

In the New Testament, the author of Hebrews made the superiority of Jesus very clear as we see in the following verses.

*Hebrews 10:12-18 NAS95 12 but He, having offered one sacrifice for sins for all time, SAT DOWN AT THE RIGHT HAND OF GOD, 13 waiting from that time onward UNTIL HIS ENEMIES BE MADE A FOOTSTOOL FOR HIS FEET. 14 For by one offering He has perfected for all time those who are sanctified. 15 And the Holy Spirit also testifies to us; for after saying, 16 "THIS IS THE COVENANT THAT I WILL MAKE WITH THEM AFTER THOSE DAYS, SAYS THE LORD: I WILL PUT MY LAWS UPON THEIR HEART, AND ON THEIR MIND I WILL WRITE THEM," He then says, 17 "AND THEIR SINS AND THEIR LAWLESS DEEDS I WILL REMEMBER NO MORE." 18 Now where there is forgiveness of these things, there is no longer any offering for sin.*

What does this mean for our lives? Since God has been powerful and trustworthy in the past, we can trust Him to be powerful and trustworthy in the future. Even if our circumstances seem to be a desert experience, He will sustain us and eventually make all things right but it may not happen during our natural lifetime. As part of God's family through which we have been in-grafted (Romans 11:17) we can bring praise to God (v. 21) as we trust Him and sense Him working in our lives.

***Introduction to the Second Reading:***

The second reading is from Philippians, one of the "Prison Epistles" since it was written while Paul was under house arrest (Philippians 1:13) in Rome (Acts 28:16). Paul viewed this time of captivity as a special ministry of service to Jesus Christ as we see especially in Philippians 1:12-14. Paul said there, "Now I want you to know, brethren, that my circumstances have turned out for the greater progress of the gospel" (v. 12). Today's reading is from chapter three in which Paul discusses the great value of following his leader Jesus through the use of an athletic metaphor.

***Second Reading:***

*Philippians 3:8-14 NAS95 8 More than that, I count all things to be loss in view of the surpassing value of knowing Christ Jesus my Lord, for whom I have suffered the loss of all things, and count them but rubbish so that I may gain Christ, 9 and may be found in Him, not having a righteousness of my own derived from the Law, but that which is through faith in Christ, the righteousness which comes from God on the basis of faith, 10 that I may know Him and the power of His resurrection and the fellowship of His sufferings, being conformed to His death; 11 in order that I may attain to the resurrection from the dead. 12 Not that I have already obtained it or have already become perfect, but I press on so that I may lay hold of that for which also I was laid hold of by Christ Jesus. 13 Brethren, I do not regard myself as having laid hold of it yet; but one thing I do: forgetting what lies behind and reaching forward to what lies ahead, 14 I press on toward the goal for the prize of the upward call of God in Christ Jesus.*

Paul surrendered everything that he had on earth in order to serve Jesus Christ (v. 8). Paul was clear that even his most admirable achievements fell far short of earning his way into the kingdom of heaven, this came only through faith in the Lord Jesus (v. 9). This revealed Paul's heart for the people to find their true righteousness through faith in Jesus Christ alone which comes not by striving but through God's power (v. 9). This was in contrast to the false teachers plaguing the church (see Philippians 2:21, and Philippians 3:2). These "dogs" as he called them in 3:2 just before today's reading, were those who interfere with spiritual matters about which they didn't have true knowledge. These "Judaizers" sought to impose the Old Testament Law upon the Gentile church, something which Paul wrote an entire epistle against in the Book of Galatians. The bottom line is that it is a distortion of the true gospel of grace given by Jesus Christ when anyone attempts to impose requirements for salvation outside of faith in Christ alone. In contrast to the false teachers who hoped in obtaining power and success in this life, Paul looked toward the eternal future. His hope was in gaining perfection through his personal resurrection from the dead (vv. 11-12), the first fruits of which we see in Jesus' resurrection from dead.

Beginning in verse 12, Paul used an athletic metaphor in saying that while running towards the future he was striving to forget what was behind him while racing ahead towards this future hope of resurrection "for the prize of the upward call of God in Christ Jesus" (v. 14). Paul frequently used such terminology in his letters as a means of connecting with his readers with symbolism with which they would have been familiar. He liked the Christian life as a race towards the finish, rather than a walk in the park in which we slouch our way towards the finish that is coming upon us whether we want it to or not. As an athlete, we take an active role in running the race, and are not just spectators on the sidelines as the others run by us.

What does this mean for us today? We are not to look to things like what the New Testament Jews desired like political power. We are also not to think that we can find righteousness through good works in obedience to an elevated (and false) interpretation of the Scriptures, as did the Pharisees. Believers are called to shift their focus not upon the things of this world but to "press on" in order to accomplish God's purposes. All the while we have to remember that the righteousness that we do finally obtain is from God, not our works. Paul said clearly in Ephesians, "For by grace you have been saved through faith; and that not of yourselves, it is the gift of God; not as a result of works, so that no one may boast" (Ephesians 2:8-9). We are to take our Christian lives seriously in the same ways that an athlete competes in a race. Although we can cheer others as they run, we too are called to compete in the event of the Christian life. During the race we can remember that Christ is the One from Whom comes our power, as Paul said "I can do all things through Christ who strengthens me" (Philippians 4:13).

***Introduction to the Gospel Reading:***

The Gospel reading is from John chapter 8 in which we see Jesus' interaction with the woman caught in adultery. The event happened in the temple court after Jesus began to teach there early in the morning (John 8:2-3). As you will see in the reading we are not told about that other half, the man involved in the adulterous affair. In the early New Testament culture, the society tolerated a larger

degree of sexual sin among men. In our day we might say something like, that is what men do. In that day we would expect more scrutiny upon the sexual sin of woman, especially one in Jerusalem that was outside of the sexual activities considered normal in the cults of the Roman pagan culture. So it is in the reading that the sin of the woman is brought front and center to Jesus who is placed in a kind of judge position, something for which Jesus was appointed before the creation of time.

***Gospel Reading:***

*Note: This particular section of the Gospel of John is not found in the earliest manuscripts of the New Testament and was first added to by Jerome in the year 382. If you are interested, we encourage you to research the findings on this matter.*

*John 8:1-11 NAS95 1 But Jesus went to the Mount of Olives. 2 Early in the morning He came again into the temple, and all the people were coming to Him; and He sat down and began to teach them. 3 The scribes and the Pharisees brought a woman caught in adultery, and having set her in the center of the court, 4 they said to Him, "Teacher, this woman has been caught in adultery, in the very act. 5 "Now in the Law Moses commanded us to stone such women; what then do You say?" 6 They were saying this, testing Him, so that they might have grounds for accusing Him. But Jesus stooped down and with His finger wrote on the ground. 7 But when they persisted in asking Him, He straightened up, and said to them, "He who is without sin among you, let him be the first to throw a stone at her." 8 Again He stooped down and wrote on the ground. 9 When they heard it, they began to go out one by one, beginning with the older ones, and He was left alone, and the woman, where she was, in the center of the court. 10 Straightening up, Jesus said to her, "Woman, where are they? Did no one condemn you?" 11 She said, "No one, Lord." And Jesus said, "I do not condemn you, either. Go. From now on sin no more."*

The two opposing groups known as the scribes (the scholars and lawyers) and Pharisees (legalistic lay people) had strong evidence against the woman, the evidence revealing that she was "caught in the very act" (v. 4). Jesus doesn't question the weight of evidence that they have against the woman. However, rather than responding to their legal question which was nothing more than an attempt to trap Him, Jesus simply stoops downs again begins writing on the ground "v. 6). Evidently He had changed his risen from His earlier seated position, since it says in verse 2 that "He sat down and began to teach them." One can imagine Jesus in a submissive, kneeling position with His head held low such that he could reach the ground on which to write. We are not told what He wrote on the ground, but it seems evident from the reaction of His listeners that it affected them deeply. The scribes and Pharisees expected an answer, and evidently grew impatient when Jesus failed to answer. After the lawyers questioned Him a second time, He responded by straightening up and saying, "He who is without sin among you, let him be the first to throw a stone at her" (v. 7), after which He went back to His writing. This was the answer to their question regarding what should be done with the woman caught in adultery. The oldest in the crowd responded first by leaving, until one by one Jesus was left alone with the "convict." Jesus then admonished her to leave and "sin no more" (v. 11). The completely vulnerable woman who had previously surrounded by a covey of rapt prosecutors bearing overwhelming evidence which would certainly have convicted her was set free

by the supreme judge of all the universe (2 Timothy 4:1).

The reading makes it clear that when we examine our lives we understand that we too are sinners in need of Jesus' forgiveness. We have committed adultery of the heart by going after things other than God in which we find our pleasures. Saint Paul said, "For all have sinned and fallen short of the glory of God" (Romans 3:23). Sin is a serious matter, and God teaches us that the natural end of a non-believer living out their life of sin is death. Paul said, "for the wages of sin is death" (Romans 6:23a).We can identify with the woman caught in adultery; a person who in that society stood condemned and squarely caught in her sin. We can heed Jesus' warning to her in which he says, "From now on sin no more" (v. 11c). We don't naively think that the woman left the interaction with Jesus and become the most saintly figure in Jerusalem. However, we can imagine that after being set from the consequences of her sin that she was deeply affected by the "Word of God." During those times in which the Spirit of God indict us for our sin, we too can find healing from the eternal consequences of sin even if God doesn't deliver us from the temporal ones. In each incident in which we find ourselves confessing the depth of our sinfulness we can celebrate that as believers in the Lord Jesus we will be delivered from the eternal consequences of our sin.

**Bottom Line: Questions for Reflection**

1. When was there a time in which you were caught in the very act of sin? Based upon what you learned in the Gospel lesson, how can you imagine that Jesus would have addressed you?

2. In what ways does the story of the woman caught in adultery help you to avoid your own sin? What about certain besetting sins that you keep committing, a cycle of sin / repent / sin?

3. How does the following verse speak to you about your own sin?

"If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness" (1 John 1:9).

**Readings for the Week**

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Note: For a listing of readings for the Roman Catholic Mass, visit this web site:

http://www.usccb.org/bible/readings/031316-fifth-sunday-lent.cfm

**Source(s):**

Online Scripture verses for most Bible versions can be found at: http://www.biblegateway.com/

Scripture quotations taken from the NASB

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# Mass Study Notes for Sunday 6-7-2015




Welcome back to the Sunday Mass notes for **6-7-2015**. This week we open with the Old Testament book of Exodus and learn about the giving of God's Law and the people's response to it. Then we move to Hebrews in the New Testament, where Jesus is shown to be our high priest, fulfilling the role pictured in the Old Testament offering of sacrificial blood to cover sin. Finally we conclude with the Gospel of Mark, and learn about the Last Supper, where Jesus clearly spoke of the significance of Communion, the offering of His body and blood. Look for a common theme in these readings.

The first reading is from the second book of the Pentateuch, the first five books of the Bible. As the name implies, it records the story of Israel's deliverance after 400 years of slavery in Egypt and the long journey of forty years to the Promised Land. After the exodus from Egypt and during the long journey through the wilderness, God appeared to Moses on Sinai Mountain and delivered to him the Law. The summary of it, the Ten Commandments, is in chapter 20, and the next several chapters explain more fully the covenant God is making with His people. Laws and regulations relating to worship, offerings, sacrifices, and the building of a tabernacle for His dwelling place are given in great detail.

***First Reading***

*Exodus 24:3-8 NAS95 3 Then Moses came and recounted to the people all the words of the LORD and all the ordinances; and all the people answered with one voice and said, "All the words which*

*the LORD has spoken we will do!" 4 Moses wrote down all the words of the LORD. Then he arose early in the morning, and built an altar at the foot of the mountain with twelve pillars for the twelve tribes of Israel. 5 he sent young men of the sons of Israel, and they offered burnt offerings and sacrificed young bulls as peace offerings to the LORD. 6 Moses took half of the blood and put it in basins, and the other half of the blood he sprinkled on the altar. 7 Then he took the book of the covenant and read it in the hearing of the people; and they said, "All that the LORD has spoken we will do, and we will be obedient!" 8 So Moses took the blood and sprinkled it on the people, and said, "Behold the blood of the covenant, which the LORD has made with you in accordance with all these words."*

We have read now about the people's response to the giving of God's Law. When Moses came down from the mountain and revealed the Law the people unitedly agreed to obey the Law completely. Moses built an altar and sacrifices were made as God had commanded, including the sprinkling of blood on the altar. It was the beginning of many years of offering such sacrifices and picturing the ultimate sacrifice of blood to be made by the Messiah centuries later. When Moses read the "book of the covenant" to the people they once again vowed to be obedient to the Law. Obedience ought to be the response of every Christian when they hear God's Word: "I will obey."

***Second Reading***

In the First reading, reference was made to God's covenant with His people, Israel. In this passage we read of a "new covenant." The old covenant was sealed with the blood of sacrificed animals, and the new covenant was sealed with the blood of Jesus. He is seen here as the high priest who offers the acceptable sacrifice (His death burial, and resurrection) to atone for our sin.

*Hebrews 9:11-15 NAS95 11 But when Christ appeared as a high priest of the good things to come, He entered through the greater and more perfect tabernacle, not made with hands, that is to say, not of this creation; 12 and not through the blood of goats and calves, but through His own blood, He entered the holy place once for all, having obtained eternal redemption. 13 For if the blood of goats and bulls and the ashes of a heifer sprinkling those who have been defiled sanctify for the cleansing of the flesh, 14 how much more will the blood of Christ, who through the eternal Spirit offered Himself without blemish to God, cleanse your conscience from dead works to serve the living God? 15 For this reason He is the mediator of a new covenant, so that, since a death has taken place for the redemption of the transgressions that were committed under the first covenant, those who have been called may receive the promise of the eternal inheritance.*

The Old Testament priests had to repeat the sacrifices in the Tabernacle and the Temple, which were mere symbols of the dwelling place of God, for "the Most High does not live in houses made by human hands" (Acts 7:48). But Jesus entered into "the greater and more perfect tabernacle"—into the very presence of God—to present the sufficient sacrifice of His blood. So, not only has Jesus paid the price for our sin, He has also become the one mediator between man and God (1 Timothy 2:5). Therefore, Christians can rejoice that through the work of Jesus on our behalf, we have the "promise of the eternal inheritance," ever to be with Jesus in heaven.

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***Gospel Reading***

The three readings for today all make mention of a covenant. In Exodus it was God's covenant with man that required the keeping of the Law, including blood sacrifices as a picture of cleansing. In Hebrews the writer reminds us of a new covenant that God offers to people through the sacrifice of Christ's blood that satisfied God's demands for justice. In the Gospel reading we have the account of the Last Supper with its deep, significant teaching of essential truth.

*Mark 14:12-26 NAS95 12 On the first day of Unleavened Bread, when the Passover lamb was being sacrificed, His disciples said to Him, "Where do You want us to go and prepare for You to eat the Passover?" 13 And He sent two of His disciples and said to them, "Go into the city, and a man will meet you carrying a pitcher of water; follow him; 14 and wherever he enters, say to the owner of the house, 'The Teacher says, "Where is My guest room in which I may eat the Passover with My disciples?"' 15 "And he himself will show you a large upper room furnished and ready; prepare for us there." 16 The disciples went out and came to the city, and found it just as He had told them; and they prepared the Passover. 17 When it was evening He came with the twelve. 18 As they were reclining at the table and eating, Jesus said, "Truly I say to you that one of you will betray Me–one who is eating with Me." 19 They began to be grieved and to say to Him one by one, "Surely not I?" 20 And He said to them, "It is one of the twelve, one who dips with Me in the bowl. 21 For the Son of Man is to go just as it is written of Him; but woe to that man by whom the Son of Man is betrayed! It would have been good for that man if he had not been born." 22 While they were eating, He took some bread, and after a blessing He broke it, and gave it to them, and said, "Take it; this is My body." 23 And when He had taken a cup and given thanks, He gave it to them, and they all drank from it. 24 And He said to them, "This is My blood of the covenant, which is poured out for many. 25 Truly I say to you, I will never again drink of the fruit of the vine until that day when I drink it new in the kingdom of God." 26 After singing a hymn, they went out to the Mount of Olives.*

The Passover supper provided clear illustrations of God's grace and mercy to sinful men. First, it points back to the delivery of Israel from Egypt. When the angel of death fell upon the Egyptian households, their firstborn children died. But the Jewish children survived because the families had sprinkled the blood of a sacrificial lamb (representative of Jesus, the Lamb of God) on their doorposts. The celebration of Passover for the Jews is a vivid reminder of deliverance by blood. Now, on this special night in Jerusalem Jesus uses object lessons to demonstrate that it is essential to identify by faith in His blood and body in order to receive the offered gift of salvation and a personal relationship with God. In stark contrast to this gracious offer, Jesus points out that one of the Twelve, who had walked and worked with Him, would betray Him. In fact, before the night was over, all of the disciples would fail the Master, but eleven repented and returned. We must be aware that being near Jesus is not enough; one must put His full trust and faith in Him lest he, like Judas, fall away. We must identify with Christ in His passion and ministry to fully enjoy the grace and mercy He offers.

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**Bottom Line: Questions for Reflection**

1. In the second reading we saw some powerful statements about both the identity and the ministry of the Lord Jesus Christ towards believers. Study the text of this reading again and answer the questions that follow.

*Hebrews 9:11-15 NAS95 11 But when Christ appeared as a high priest of the good things to come, He entered through the greater and more perfect tabernacle, not made with hands, that is to say, not of this creation; 12 and not through the blood of goats and calves, but through His own blood, He entered the holy place once for all, having obtained eternal redemption. 13 For if the blood of goats and bulls and the ashes of a heifer sprinkling those who have been defiled sanctify for the cleansing of the flesh, 14 how much more will the blood of Christ, who through the eternal Spirit offered Himself without blemish to God, cleanse your conscience from dead works to serve the living God? 15 For this reason He is the mediator of a new covenant, so that, since a death has taken place for the redemption of the transgressions that were committed under the first covenant, those who have been called may receive the promise of the eternal inheritance.*

A. The author of Hebrews described how Jesus as the eternal High Priest entered not into the tabernacle built by Moses but into a far different place. Describe the attributes of the "more perfect tabernacle" (v. 11) into which Jesus entered. In what ways was this tabernacle different from the one built by Moses?

B. Verse 15 begins with the phrase, "For this reason." For what reason is the author or Hebrews referring?

2. In the Gospel lesson we read about Jesus' last supper with His disciples and His call to the disciples to reflect upon whether they would be the one who betrayed Him (v. 18). How does what you learned today about the eternal nature of the ministry of Jesus as our highly priestly King enable you to better answer a question about your own ability to take a stand for our Lord?

**Readings for the Week**

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Note: For a listing of readings for the Roman Catholic Mass visit this web site:

http://www.usccb.org/bible/readings/060715.cfm

First Reading EX 24:3-8

Second Reading HEB 9:11-15

Gospel Reading MK 14:12-16, 22-26

**Source(s):**

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Online Scripture verses for most Bible versions can be found at: http://www.biblegateway.com/

Scripture quotations taken from the NASB

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# Mass Study Notes for Sunday 3-22-2015




Welcome back to the Sunday Mass notes for **3-22-2015**. This week Marla shares the study of the readings beginning with Jeremiah 31 in which we see God's promise of a new covenant with Israel. Then she moves onto the second reading from the Book of Hebrews and then closes with the Gospel lesson from John 12. As we come nearer to the celebration of Good Friday and Easter Sunday the focus of the Bible passages continues to point us towards the sacrifice of Jesus on the cross and His resurrection in glory.

The first reading from the prophet Jeremiah is about love, promises, and a special family relationship, broken and restored. I love my family and express my love with affectionate names. I call my husband "Hon," my daughter "Sweets," and my son "Sonnybun." I speak of them with endearing words because we are family, and they mean the world to me.

In the Old Testament God speaks of the nation of Israel in intimate terms. He made a covenant (promise) with Abraham that his offspring would be God's chosen people and the whole world would be blessed through them. God and Israel were bound together much like a husband and wife, and God spoke of her in tender and loving terms as a husband speaks of his bride. But when Israel

rebelled and turned away from God, her sin was likened to adultery or whoredom. God had been faithful, but Israel had broken her promise.

The book of Jeremiah records the coming judgment. God's judgment on his people was not intended to destroy them but to restore them to himself. Though they would be taken away into captivity by a foreign power, God would keep his promise, bring them back, and make a new covenant with them. That covenant is still in effect today, and here is the good news—that covenant includes us! The first reading explains it as follows.

**First Reading: Jeremiah 31:31-34**

*31 "Behold, days are coming," declares the LORD, "when I will make a new covenant with the house of Israel and with the house of Judah, 32 not like the covenant which I made with their fathers in the day I took them by the hand to bring them out of the land of Egypt, My covenant which they broke, although I was a husband to them," declares the LORD. 33 "But this is the covenant which I will make with the house of Israel after those days," declares the LORD, "I will put My law within them and on their heart I will write it; and I will be their God, and they shall be My people. 34 They will not teach again, each man his neighbor and each man his brother, saying, 'Know the LORD,' for they will all know Me, from the least of them to the greatest of them," declares the LORD, "for I will forgive their iniquity, and their sin I will remember no more."*

The Old Covenant had a law written on tablets of stone. When Israel disobeyed that law they sinned. The Bible says that without the shedding of blood there is no forgiveness of sin (Hebrews 9:22). In the days of Israel, sins were covered but not taken away by the blood of repeated animal sacrifices in an earthly temple. But the New Covenant is far superior to that (see Hebrews 10: 1-25). God gave Jesus his Son as the perfect sacrifice for sin. He is the lamb of God who takes away the sin of the world (St. John 1: 29). His death on the cross is the final sacrifice for sin and cleanses the sinner (and we are all sinners, Romans 3:23) completely.

Now we have the law of God not on stones but in our hearts. Each of us can receive Jesus by faith and know him in a personal way. When we accept what Jesus has done for us and believe in Him, our restoration to God is complete, and He can once more call us by His affectionate names—child, friend, and bride (St. John 1:12; 15:15; Rev. 19:7, 22:17).

The second reading takes us to a set of verses in a larger passage that speaks of Jesus as our high priest. In the Old Testament sacrificial system, when someone sinned, he would bring an animal to the priest and the priest would sacrifice it (shed its blood) on the altar in the tabernacle/temple. Behind a heavy curtain was the Holy of Holies (or Holy Place) where God would appear in a pillar of cloud or fire. No one could go in there except the high priest, and he could go in only once a year on the Day of Atonement. On that day the high priest would make a sacrifice for himself (for he is a sinner, too) and for the sins of all the people and carry the blood inside the curtain and present it to God. The sacrifice had to be repeated year after year.
Before we read the second reading, first we want to look at Hebrews Ch. 7 and 9 which tell us that

Jesus is a high priest, but one far superior to the human ones we read about in the Old Testament. Moreover, here's why:

Hebrews 7:26-27

"*For it was fitting for us to have such a high priest, holy, innocent, undefiled, separated from sinners and exalted above the heavens; who does not need daily, like those high priests, to offer up sacrifices, first for His own sins and then for the sins of the people, because this He did once for all when He offered up Himself."*

Hebrews 9:11-12, 24-26

*"But when Christ appeared as a high priest of the good things to come, He entered through the greater and more perfect tabernacle, not made with hands, that is to say, not of this creature; [12] and not through the blood of goats and calves, but through His own blood, He entered the holy place once for all, having obtained eternal redemption".*

*24 "For Christ did not enter a holy place made with hands, a mere copy of the true one, but into heaven itself, now to appear in the presence of God for us; [25] nor was it that He would offer Himself often, as the high priest enters the holy place year by year with blood that is not his own. [26] Otherwise, He would have needed to suffer often since the foundation of the world; but now once at the consummation of the ages He has been manifested to put away sin by the sacrifice of Himself."*

Jesus himself was both the high priest and the sacrifice for sin. His sacrifice was perfect and total, and God accepted it as final. That's why he is the source of eternal salvation to all those who obey him. With that background we come to the second reading. It reveals the anguish Jesus experienced as he faced his impending death for sin.

**Second Reading: Hebrews 5:7-9 NAS95**

*7 "In the days of His flesh, He offered up both prayers and supplications with loud crying and tears to the One able to save* Him *from death, and He was heard because of His piety. 8 Although He was a Son, He learned obedience from the things which He suffered. 9 And having been made perfect, He became to all those who obey Him the source of eternal salvation,"*

The day has arrived that Jeremiah spoke about in our first reading: God would "*forgive their iniquity, and …remember [their sin] no more*" (Jer. 31:34). Jesus was going to inaugurate the New Covenant, but to do so would cost Him his life. If we had been walking past the garden on that evening, we would have heard loud cries of anguish coming from deep within the garden. Why was Jesus crying? After all, He knew all along that He had come to die. The Bible says His life was not taken from Him; He willingly laid it down for us. It was in God's good plan before the world began. But the path to accomplishing that plan was so horrible to contemplate that it caused Jesus to cry out with loud cries and tears (Hebrews 5:7). Jesus knew what the prophet Isaiah foretold—that He would be *"pierced for our rebellion, crushed for our sins" (Isaiah 53: 5 NLT).* And so Jesus prayed, "*Father, if You are willing, remove this cup from Me; yet not My will, but Yours be done*" (Luke 22:42). In this time of suffering and submission, Jesus' obedience was completed, made perfect. By perfect we don't at all mean there were flaws or sins or defects in Jesus that needed to be corrected. No, He was perfect in His being. P*erfect* in this verse has the idea of *being made complete.* You see, it wasn't until God the Son took

on a human body that He experienced suffering in the flesh. In His suffering He learned obedience and, in doing so, was made complete.

Enduring the pain of rejection, loss, temptation, and suffering in a body like ours, Jesus became One who can sympathize with each of us in our weakness and suffering. We see this in another section of the Book of Hebrews:

Hebrews 4:15-16

15 "*For we do not have a high priest who cannot sympathize with our weaknesses, but One who has been tempted in all things as we are, yet without sin.* [16] *Therefore let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need."*

What a comfort to know that the One who saves us from our sins is also the One Who has walked the path we are walking and will give grace and help in our time of need. We can draw near to Him with complete confidence.

Moving onto the Gospel reading, we see Jesus himself acknowledging that the time has come to fulfill God's plan foretold in our first reading in Jer. 31.

**Gospel Reading: John 12:20-33 NAS95**

*20 Now there were some Greeks among those who were going up to worship at the feast; 21 these then came to Philip, who was from Bethsaida of Galilee, and began to ask him, saying, "Sir, we wish to see Jesus." 22 Philip came and told Andrew; Andrew and Philip came and told Jesus. 23 And Jesus answered them, saying, "The hour has come for the Son of Man to be glorified. 24 "Truly, truly, I say to you, unless a grain of wheat falls into the earth and dies, it remains alone; but if it dies, it bears much fruit. 25 He who loves his life loses it, and he who hates his life in this world will keep it to life eternal. 26 If anyone serves Me, he must follow Me; and where I am, there My servant will be also; if anyone serves Me, the Father will honor him. 27 Now My soul has become troubled; and what shall I say, 'Father, save Me from this hour'? But for this purpose I came to this hour. 28 Father, glorify Your name." Then a voice came out of heaven: "I have both glorified it, and will glorify it again." 29 So the crowd of people who stood by and heard it were saying that it had thundered; others were saying, "An angel has spoken to Him." 30 Jesus answered and said, "This voice has not come for My sake, but for your sakes. 31 Now judgment is upon this world; now the ruler of this world will be cast out."*

Just prior to the events of this passage, Jesus had raised Lazarus from the dead. People were flocking to Jesus because they had heard of this miracle, and many, including Jews, were believing in Him. This upset the religious leaders, and they plotted to kill Lazarus and Jesus. They had tried to capture Jesus before, but each time He escaped because "*his time had not yet come*" (John 7:30).

But in this Gospel reading, we see Jesus acknowledging that the time has come to fulfill His purpose and glorify His Father. A grain of wheat fulfills its purpose of producing grain when it falls to the earth and dies. Likewise, Jesus must die in order to accomplish His purpose of providing eternal salvation for all who believe. Though His soul was troubled, He would not hold back His life but would give it as a sacrifice for others. Because of His sacrifice we have been offered eternal life. We can love this life with its worldly pleasures and sin or we can turn from this life and follow Him. One is the wide road that leads to destruction, and one is the narrow road that leads to eternal life (St. Matthew 7:13-14).

**Bottom Line: Questions for Reflection**

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1. List the primary aspects of the New Covenant and prayerfully thank God for Christ's provision. Jesus came to fulfil the New Covenant that Jeremiah predicted. What aspects of the New Covenant resonate with you and sound like Good News as opposed to the Old Covenant?

2. How does it encourage you to be faithful to Jesus this week knowing that He learned obedience in His life through suffering? In what ways can you see God working through your own suffering? It might be helpful to list one particular issue that keeps coming into your mind. How can you surrender this to God and look beyond these circumstances to see God's sovereign hand?

**Readings for the Week**

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Note: For a listing of readings for the Roman Catholic Mass visit this web site:

http://www.usccb.org/bible/readings/032215-fifth-sunday-lent.cfm

First Reading JER 31:31-34

Second Reading HEB 5:7-9

Gospel Reading JN 12:20-33

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