Study Notes for the Sunday Mass Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5

Sunday Mass Study Notes for Sunday, 6-26-2016



Welcome back to the Sunday Mass notes for **6-26-2016**. A key verse this week that links all three readings together is in the second reading from Galatians, "For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please" (Galatians 5:17). We desire to accomplish great things for God, but our flesh works against us. When we cooperate with our carnal, fleshly desires we may not achieve the full potential that God has for us. We will see how these forces rage among the people in all three of today's readings.

Introduction to the First Reading:

The context of the first reading from First Kings is just before the appointment of Nimshi as the King of the Northern tribes of Israel and the replacement of Elijah the prophet by Elisha. Elijah, the great prophet of God, had just killed the prophets of Baal after the great contest at Mount Carmel. When King Ahab's evil wife Jezebel found out about the slaying of the prophets she set out to kill Elijah (1 Kings 19:2). This caused Elijah to flee and he came to believe that he was the only believer left in the entire kingdom. Elijah said, "I have been very zealous for the LORD, the God of hosts; for the sons of Israel have forsaken Your covenant, torn down Your altars and killed Your prophets with the sword. And I alone am left; and they seek my life, to take it away" (1 Kings 19:10). God replied as we see in today's reading and corrected his false assumption.

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First Reading:

1 Kings 19:16-21 NAS95 16 and Jehu the son of Nimshi you shall anoint king over Israel; and Elisha the son of Shaphat of Abel-meholah you shall anoint as prophet in your place. 17 "It shall come about, the one who escapes from the sword of Hazael, Jehu shall put to death, and the one who escapes from the sword of Jehu, Elisha shall put to death. 18 "Yet I will leave 7,000 in Israel, all the knees that have not bowed to Baal and every mouth that has not kissed him." 19 So he departed from there and found Elisha the son of Shaphat, while he was plowing with twelve pairs of oxen before him, and he with the twelfth. And Elijah passed over to him and threw his mantle on him. 20 He left the oxen and ran after Elijah and said, "Please let me kiss my father and my mother, then I will follow you." And he said to him, "Go back again, for what have I done to you?" 21 So he returned from following him, and took the pair of oxen and sacrificed them and boiled their flesh with the implements of the oxen, and gave it to the people and they ate. Then he arose and followed Elijah and ministered to him.

God gave Elijah specific guidance to appoint Jehu as the king of Israel and to anoint Elisha as his own successor (v. 16). God told Elijah that he wasn't the only believer left and that He had 7,000 true believers left in the kingdom (v. 18). Next, Elijah went and found Elisha out working and placed his prophet mantle (clothing) on him. When Elisha wavered about immediately accepting this responsibility Elijah told him in effect that to forsake this appointment would be an affront to God (v. 20). So Elisha accepted his new position and made a traditional sacrifice to confirm the "covenant" made between him and God to fulfill the prophecy given to Elijah.

The reading points out just how bad conditions had become in Israel such that Elijah believed that he was the only believer left alive. However, it is interesting that while 7,000 believers remained, even that was a very low number in view of the large size of the nation. Evidently most of the people had succumbed to the evil pagan worship practices memorialized in the Bible by King Jeroboam the son of Nabat who is recorded as a standard of evil. We see that standard mentioned earlier in First Kings. "For he walked in all the way of Jeroboam the son of Nebat and in his sins which he made Israel sin, provoking the LORD God of Israel with their idols" (1 Kings 16:26).

The big idea in the reading is regarding the supreme sovereignty of God. Even when the great prophet in the entire world felt that all hope was lost, God continued making plans for the future of the kingdom and reminding him of His omniscient and long-term view. In our age we can look to this passage to be reminded that God has our best interests in mind, is establishing future plans for us as well as all believers, and even when we feel totally spiritually alone our sovereign Father is superintending the circumstances for His glory and our best interests.

Introduction to the Second Reading:

The context of the reading from Galatians is Saint Paul's teaching on the freedom believers possess in Christ as contrasted to the bondage that the false teachers were imposing upon the people by instructing them that they must obey the Mosaic Law. Paul explains further in the reading the battle

between a believer's spirit and their flesh.

Second Reading:

Galatians 5:1 NAS95 1 It was for freedom that Christ set us free; therefore keep standing firm and do not be subject again to a yoke of slavery.

Galatians 5:13-18 NAS95 13 For you were called to freedom, brethren; only do not turn your freedom into an opportunity for the flesh, but through love serve one another. 14 For the whole Law is fulfilled in one word, in the statement, "YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF." 15 But if you bite and devour one another, take care that you are not consumed by one another. 16 But I say, walk by the Spirit, and you will not carry out the desire of the flesh. 17 For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please. 18 But if you are led by the Spirit, you are not under the Law.

Paul reminded the believers in Galatia of their overarching purpose by quoting from the Mosaic Law in Leviticus 19:18: "You shall love your neighbor as yourself." He cautioned them not to use their freedom in Christ to take advantage of their "neighbors." The Jews by that time had come to understand their neighbor in a very narrow sense such that it only included their fellow countrymen. Jesus had earlier corrected this false teaching in Luke Chapter 10. There Jesus explained the meaning of "neighbor" by telling them the parable of the Good Samaritan. Jesus explained to His disciples that, of all the people who passed by the man who had fallen at the hands of robbers, the only one who acted as a true neighbor as intended by God in Leviticus 19:18 was "The one who showed mercy toward him" (Luke 10:37). This is extremely important in this context because the Epistle to the Galatians was directed at the false teachers who taught that in order for people to be saved they must obey the constraints of the Mosaic Law making them, in effect, proselyte Jews. Paul and Jesus taught something quite different, that the neighborhood of God included anyone who was in need. Our true family includes those who have come to the Father through faith in the Son (John 3:16). Therefore, instead of trying to follow all of the contours of the Mosaic law, one would fulfill the spirit of the law by being a loving person. The only way a person can be truly loving (self-sacrificing and honoring of others above self) is if their heart is surrendered to God and His Spirit is now in control of the individual. The difference between someone who tries really hard to be a good person and one who is a Christian, is the power of the Holy Spirit alive in one's heart. The Holy Spirit is God's evidence that His life is inside a believer. While a believer is a work in progress and will not be perfect in this life, a fundamental change has taken place when we surrender ourselves to God through Christ. A new relationship has begun and we are under the influence of God's Spirit, which transforms us. We begin to walk in step with the values of God's Spirit. And since God is love, it makes sense that He teaches us how to be more loving. This is not a matter of self-effort, but a growth in the life of God who makes His home in our hearts. Paul was clear that "*if you are led by the Spirit, you are not under the Law*" (v. 18).

One wonders if at times Paul felt marginalized like Elijah as we discussed in the first reading where

the prophet had fled from evil Jezebel's murderous plot. Paul, surrounded by false teachers that plotted to drag believers into the strictures of Jewish legalism, expressed God's prophetic word regarding the freedom that was to be found only through faith in Jesus Christ.

In our lives we must ask ourselves in what ways are we attempting to work out our own salvation through obedience to some form of religious law. It's hard not to notice those in our neighborhoods who never seem to leave their houses on Sunday morning to go to church. Do we hold to a false belief system that we are a pretty good person because we have faithfully attended Mass on Sundays and holy days that we are somehow going to be set apart from others who have not so zealously obeyed the commandments of the church? When we place our trust in the Lord Jesus Christ for the forgiveness of sins we have moved from darkness into light (1 Peter 2:9). The difference between a person that has truly trusted in Jesus versus the one that is relying upon their own works for salvation is subtle but very real as Jesus explained to Nicodemus. In John Chapter 3 Nicodemus, a legalistic Jew from the group known as the Pharisees, was a Rabbi who came to Jesus at night for fear of the Jews (John 3:2). Jesus explained to Nicodemus how he could only enter the kingdom of heaven through faith in Him. In one of the most important verses in the entire Bible Jesus told him, "Truly, truly, I say to you, unless one is born again he cannot see the kingdom of God" (John 3:3). Jesus went on to explain to him that in addition to the obvious necessity of physical birth, something much less obvious was necessary. In order to become a citizen of heaven one must be born spiritually through faith in God's Son. He told Nicodemus, "For God so loved the world, that He gave His only begotten Son, that whoever believes in Him shall not perish, but have eternal life. For God did not send the Son into the world to judge the world, but that the world might be saved through Him." (John 3:16-17).

If you are struggling with understanding the true motives of your heart, the Scripture says that you should call out to God in prayer. Paul said, "that if you confess with your mouth Jesus as Lord, and believe in your heart that God raised Him from the dead, you will be saved; for with the heart a person believes, resulting in righteousness, and with the mouth he confesses, resulting in salvation" (Romans 10:9-10). As we move to the final reading this week, take a moment to affirm your trust in the Lord Jesus Christ.

Introduction to the Gospel Reading:

The context of the reading is Luke's recording of the beginning of the end of Jesus' earthly life just before he gave His life for us on the cross at Calvary. Earlier the disciples had been arguing over who among them was the greatest. Jesus then presented them with a child and told them, "Whoever receives this child in My name receives Me, and whoever receives Me receives Him who sent Me; for the one who is least among all of you, this is the one who is great" (Luke 9:48). He then corrected His disciples who had rebuked someone for casting out demons in the name of Jesus, saying "Do not hinder him; for he who is not against you is for you" (v. 50). This hints at some of the same tension that Paul was indicating in the second reading between the strict followers of the Law and those that followed it less closely or held to other religious traditions. Nowhere was this tension more evident than in the region of Samaria where the people were held in contempt by the Jewish legalists. The

Samaritans were considered a half breed people since they had been overtaken by the Assyrian Empire during the fall of the Northern Kingdom in 722 BC. Interestingly, Jesus turned to this despised group for help in making the preparations for the celebration of His last Passover feast. This was the Passover after which the true Lamb of God would be sacrificed for the sins of the world.

Gospel Reading:

Luke 9:51-62 NAS95 51 When the days were approaching for His ascension, He was determined to go to Jerusalem; 52 and He sent messengers on ahead of Him, and they went and entered a village of the Samaritans to make arrangements for Him. 53 But they did not receive Him, because He was traveling toward Jerusalem. 54 When His disciples James and John saw this, they said, "Lord, do You want us to command fire to come down from heaven and consume them?" 55 But He turned and rebuked them, and said, "You do not know what kind of spirit you are of; 56 for the Son of Man did not come to destroy men's lives, but to save them." And they went on to another village. 57 As they were going along the road, someone said to Him, "I will follow You wherever You go." 58 And Jesus said to him, "The foxes have holes and the birds of the air have nests, but the Son of Man has nowhere to lay His head." 59 And He said to another, "Follow Me." But he said, "Lord, permit me first to go and bury my father." 60 But He said to him, "Allow the dead to bury their own dead; but as for you, go and proclaim everywhere the kingdom of God." 61 Another also said, "I will follow You, Lord; but first permit me to say good-bye to those at home." 62 But Jesus said to him, "No one, after putting his hand to the plow and looking back, is fit for the kingdom of God."

We see in the reading that the Samaritans didn't welcome Jesus' disciple's efforts in making the arrangements for the Passover feast even though Jesus had sent messengers ahead of time to them (vv. 52-53). Instead, they were forced to travel onto another village, one which was very likely outside the constraints of Samaritan beliefs. When James and John, named by Jesus the "Sons of Thunder" (Mark 3:17), were confronted with the rejection of their efforts they showed their passion and love for Jesus by asking Him whether they should command fire to come down from the sky and destroy the Samaritans (v. 54). The disciples were familiar with how Elijah had commanded fire to come down from the sky to consume the sacrifice during the contest with the prophets of Baal, but now they were asking not to burn already dead cattle but rather living people! Jesus quickly corrected their false thinking and reminded them that He didn't come to "*destroy men's lives, but to save them*" (v. 56). This is reminiscent of what we read in our discussion of the second reading from John 3:17 where Jesus said, "For God did not send the Son into the world to judge the world, but that the world might be saved through Him." As the reading progressed, Jesus taught His disciples about true discipleship and answering the calling of God. A true disciple would have to be willing to not only forsake their comfortable home (v. 58) but also to forsake their family in order to follow Him (v. 59). Here we see a clear parallel with Elisha's initial response to God's call through Elijah that we read about in the first reading.

As believers in the Lord Jesus we are called to forsake the things which hold us back to true obedience of the Lord Jesus. As we saw in the first reading, when God places a calling upon our lives we are to respond in obedience. Our answer must be to forsake the things which may hold us back,

whether they be family, as we saw in the Gospel reading, or religious practices as we saw in the second. Like Elisha, even if in our humanness we hesitate for a moment while we count the cost of our obedience, we are called to respond in faith by following the directives given to us by God. As a first step of belief we are called to forsake the false understanding that we are saved from our good works and rather seeing that our deeds flow from our relationship with God. As we enter into God's invisible spiritual kingdom, the "kingdom of heaven" that Jesus explained to Nicodemus in John 3:3, we participate through God's power, as Paul said in the reading from Galatians, being led by the Spirit. At times although we too may desire to command fire down from heaven to consume our adversaries, Jesus calls us to a higher standard by recognizing these people as our "neighbors." This battle will continue for the duration of our life here on earth, "For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please" (Galatians 5:17).

Bottom Line: Questions for Reflection

1. Most Christians are not known for their love. Instead, the world characterizes us as judgmental, harsh, and angry. Who are the "neighbors" that you regularly interact with? What would it look like for you to walk in the Spirit and change this characterization with your "neighbor?"

2. Jesus illustrated true discipleship as a relationship with Him that prioritized Him above all other priorities. In what ways have you made intentional decisions to orient your life around His Kingdom principles? What has been the cost of discipleship for you? Are there any new ways that He is asking you to follow Him?

Readings for the Week

Note: For a listing of readings for the Roman Catholic Mass, visit this web site:

http://www.usccb.org/bible/readings/062616.cfm

Thirteenth Sunday in Ordinary Time

Lectionary: 99

Source(s):

Online Scripture verses for most Bible versions can be found at: http://www.biblegateway.com/

Scripture quotations taken from the NASB

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Mass Study Notes for Sunday 8-9-2015



Welcome back to the Sunday Mass notes for **8-9-2015**. This week we open with the first reading from First Kings in which we find the great Prophet Elijah running away from wicked Queen Jezebel. The story reminds us that God will provide for us in order to accomplish the works that He has in store for us. Then we move to the second reading from Ephesians, which helps us to see what the contrast is between living as a child of the world and living as a child of God. Then we close with the continuing study on Jesus in John 6 where he confronts the unbelieving people by calling Himself the "bread of God."

Introduction to the First Reading:

The first reading is from First Kings and deals with the Prophet Elijah who was a mighty man of God in a dark era in Israel during the decline of the theocratic kingdom. This period followed the time of the Judges in which the Scripture said, "In those days there was no king in Israel; everyone did what was right in his own eyes" (Judges 21:25). There were bright spots in this age and one of them was the prophet Elijah. Elijah was perhaps best known for the incident recorded in First Kings 18 during a time of severe famine in Samaria. According to the Scripture Elijah challenged the prophets of Baal as to whether they could bring fire down on their sacrifice by calling on their god while Elijah would offer his sacrifice to God and ask Him to send fire to complete his burnt offering. The Priests of Baal began calling upon their god and cutting themselves in order to invoke a response, but failed miserably. Next, Elijah was so certain the God would act upon his request that he soaked the wood

with water (1 Kings 18:33). He prayed a simple prayer and asked God to bring down fire on the sacrifice. With a dramatic display of power, God burned up not only the entire sacrifice, but the fire licked up the water as well. Afterwards, Elijah had the Priests taken captive and then put them to death (v. 40). What an amazing victory Elijah had that day! After such an important victory one would think that Elijah would have continued his momentum and never suffered from any sort of worry. If God could light even wet wood on fire in front of the pagan priests Elijah could accomplish anything by calling upon the only true God in prayer. At least that is what one may think. Leading up to today's reading, soon afterwards the Scripture records that Elijah fell into a period of deep anxiety because of the actions of a certain ungodly woman named Jezebel. Jezebel was the evil wife of King Ahab, a king of Northern Israel. Immediately after Elijah's victory over the Prophets of Baal, wicked Jezebel sent a messenger to Elijah saying, "So may the gods do to me and even more, if I do not make your life as the life of one of them by tomorrow about this time (1 Kings 19:2b). His response was to flee for his life because of Jezebel's threat. "And he was afraid and arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there. But he himself went a day's journey into the wilderness, and came and sat down under a juniper tree; and he requested for himself that he might die, and said, 'It is enough; now, O LORD, take my life, for I am no better than my fathers'" (vv. 3-4). Later, Elijah fled even further into the mountains to hide in a cave (1 Kings 19:9). How could such a mighty man of God, who had just witnessed God's dynamic power in the victory over the Prophets of Baal find himself holed up and worrying in a dark cave? If a mighty man of God like Elijah could suffer with anxiety, it's no wonder that Christians can also fall into patterns of worry.

This leads us to today's reading in which we find Elijah on the run from wicked Queen Jezebel.

First Reading:

1 Kings 19:4-8 NAS95 4 But he himself went a day's journey into the wilderness, and came and sat down under a juniper tree; and he requested for himself that he might die, and said, "It is enough; now, O LORD, take my life, for I am not better than my fathers." 5 He lay down and slept under a juniper tree; and behold, there was an angel touching him, and he said to him, "Arise, eat." 6 Then he looked and behold, there was at his head a bread cake baked on hot stones, and a jar of water. So he ate and drank and lay down again. 7 The angel of the LORD came again a second time and touched him and said, "Arise, eat, because the journey is too great for you." 8 So he arose and ate and drank, and went in the strength of that food forty days and forty nights to Horeb, the mountain of God.

Even though Elijah was fresh from his mighty victory, he fled in fear to the wilderness and asked the Lord to take his life (v. 4). God responded to his prayer in a different way by sending an angel to provide fresh food for him (vv. 5-6). After Elijah ate and rested the first time, the angel came back to him again and caused him to eat a second time (v. 7). Subsequent to these two meals, Elijah traveled without food for forty days and nights until he reached Mt. Horeb (v. 8). Evidently, God miraculously delivered Elijah through this extended period of fasting in a similar way that He did when Jesus

Christ fasted for a forty-day period (Matthew 4:2). We are not told whether the bread that God provided to Elijah allowed this extended fast but in all likelihood the two meals given to him were for the purpose of lifting his spirits to the point that he continued on his journey to Mt. Horeb. These things happened at the end of Elijah's earthly existence, as shortly after these events he appointed Elisha to be his successor and was then taken up into a cloud.

What can we learn from the reading? Even though we may despair of living because of the impossible obstacles we face, God will provide for us when we call upon Him. He may or may not use his angelic helpers in the way that He did for Elijah, but we can trust that God will not leave us or forsake us (Deuteronomy 31:6, Hebrews 13:5). God knows in just what manner and quantity to provide for us the things that will move us to the next step in accomplishing the plans that He has for our lives.

Introduction to the Second Reading:

The second reading is from Ephesians 4 and shows us the contrast between life as a non-believer and a believer in Christ. It reminds us that our hearts need to be in right relationship with God in order for our outward behavior to reflect God's value system.

Second Reading:

Ephesians 4:30 – 5:2 NAS95 30 Do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption. 31 Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. 32 Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you. 1 Therefore be imitators of God, as beloved children; 2 and walk in love, just as Christ also loved you and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma.

Saint Paul called the people in the Ephesian church not to grieve the Holy Spirit of God by carrying out sinful thoughts in their hearts and engaging in ungodly behaviors. The emphasis for changed behavior is a changed heart. A changed heart comes from being in a right relationship with God through faith in Christ. When we put our faith in Jesus Christ, we are "sealed for the day of redemption" by the Holy Spirit (4:30, see also 2 Corinthians 1:22; 5:5; Ephesians 1:13-14). God has placed upon each believer the seal of redemption through His Holy Spirit and this invisible marking is His certification that He will deliver upon what He has promised. What this means is that we are now inhabited by the very presence of God through His Spirit. Where we go with our thoughts and with our body, we take God with us. Because God lives in us, we are a new creation, the old way of life has gone and a new way of life has come (2 Corinthians 5:17). The Holy Spirit helps us to see our lives and the world from God's perspective. We can now make decisions based on God's value system, which is in sharp contrast to the world's value system.

Christians are not to have any part in the ungodly behaviors that are associated with the unbelieving world. These behaviors are generated from a "me-first" mentality that is easily offended, resulting in bitterness, wrath, anger, clamor, slander and malice. You can see the progressive nature of sin as it

takes on more and more momentum to divide us from others and actually engage in hurtful ways of interacting with others. This is a reflection of the value system of the god of this age, the devil, who is the father of those who do not have God as their father (John 8:44).

Instead, Paul called the people to emulate God through the model of Jesus Christ who willingly sacrificed Himself, not as a victim, but through His own choice (John 10:18). When we receive God's kindness, tenderness, forgiveness and love, we become children of God (John 1:12) and our hearts are shaped by this new value system. We begin to do things more like God our Father and less like our former father. Titus 2:11-13 corroborates this when it says: "The grace of God that brings salvation has appeared to all men. It teaches us to say 'No' to ungodliness and worldly passions, and to live self-controlled, upright and godly lives in this present age as we wait for the blessed hope—the glorious appearance of our great God and Savior Jesus Christ, who gave himself for us, to redeem us from all wickedness and to purify for himself a people of his very own, eager to do good (NIV)."

This means that "No temptation has overtaken you but such as is common to man; and God is faithful, who will not allow you to be tempted beyond what you are able, but with the temptation will provide the way of escape also, so that you will be able to endure it" (1Corinthians 10:13). In the same way that God provided for Elijah's physical and emotional needs when He asked, God will also provide the things we need in order to serve Him. This includes the ability through His power to forsake the ungodly behaviors that Paul listed in the reading.

How can we apply this to our lives? This reading is helpful to consider as we interact with others throughout the week and before we partake of communion. God's love transforms how we approach relationships and the community of believers. Communion has in its very word the idea of common unity. The church comes together to participate in remembering God's way of interacting with us, which is typified by Christ's sacrifice on the cross for our sins. As a result, our way of interacting with others changes as well. Communion reminds us of Jesus' admonition in Matthew's Gospel about asking forgiveness from a person we may have offended before we bring an offering to God. "Therefore if you are presenting your offering at the altar, and there remember that your brother has something against you, leave your offering there before the altar and go; first be reconciled to your brother, and then come and present your offering" (Matthew 5:23-24). When we partake of communion we shouldn't grieve the Holy Spirit of God (Ephesians 4:30) by clinging to ungodly feelings towards others and bringing this into the celebration of remembrance of our Lord's death which took the place for the penalty for our sins. Instead of coming with thoughts of wrath, anger, slander, and bitterness (vv. 30 – 31) we have been changed so that we can come with minds cleansed from these things and present to God hearts filled with kindness, tenderness forgiveness, and love (vv. 32 – 4:1).

Introduction to the Gospel Reading:

The Gospel reading is a continuation of the story that was started last week. The context is Jesus' teaching of the crowds that followed him after His feeding of them through the multiplying of the

loaves and fishes in the closing of Chapter 5.

Gospel Reading:

John 6:41-51 NAS95 41 Therefore the Jews were grumbling about Him, because He said, "I am the bread that came down out of heaven." 42 They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How does He now say, 'I have come down out of heaven'?" 43 Jesus answered and said to them, "Do not grumble among yourselves. 44 No one can come to Me unless the Father who sent Me draws him; and I will raise him up on the last day. 45 It is written in the prophets, 'AND THEY SHALL ALL BE TAUGHT OF GOD.' Everyone who has heard and learned from the Father, comes to Me. 46 Not that anyone has seen the Father, except the One who is from God; He has seen the Father. 47 Truly, truly, I say to you, he who believes has eternal life. 48 I am the bread of life. 49 Your fathers ate the manna in the wilderness, and they died. 50 This is the bread which comes down out of heaven, so that one may eat of it and not die. 51 I am the living bread that came down out of heaven; if anyone eats of this bread, he will live forever; and the bread also which I will give for the life of the world is My flesh."

The main point of Jesus' teaching is that belief in Him is the only way to obtain eternal life and be restored to right relationship with God the Father. Repeating our statement from last week, Jesus' point in this particular teaching wasn't whether or not He is spiritually present in the elements of communion. These issues were not even a part of the mentality of the Jewish people that He was addressing.

The passage opens with the grumbling of the Jews in disbelief against Jesus' claim to be the Messiah. They point to His human origins as proof that He could not be God's promised Messiah (v. 42). They believed that only God or possibly an angel can come down from heaven. Since some in the crowd knew Jesus' earthly father and mother they couldn't accept His statement that He came down from heaven. We know from John 7 that the people held to a tradition about the nature of the Messiah. There they said, "However, we know where this man is from; but whenever the Christ may come, no one knows where He is from" (John 7:27). Jesus cut to the heart of the issue which was their unbelief in God. Earlier Jesus had told them:

John 5:37-40 NAS95 37 "And the Father who sent Me, He has testified of Me. You have neither heard His voice at any time nor seen His form. 38 You do not have His word abiding in you, for you do not believe Him whom He sent. 39 You search the Scriptures because you think that in them you have eternal life; it is these that testify about Me; 40 and you are unwilling to come to Me so that you may have life."

This leads us to the central point of the story: the only way to God the Father is through belief in Jesus the Son (v. 47). For "He who believes in the Son has eternal life; but he who does not obey the Son will not see life, but the wrath of God abides on him" (John 3:36). Jesus said that they could not come to Him because the Father was not drawing them (v. 44). But we know that God wants all men to be saved and to come to a knowledge of the truth (1 Timothy 2:4). It seems that their hard-

heartedness and lack of being willing to be "taught of God" was preventing them from being drawn to faith in Jesus. If they would let themselves hear and learn from the Father, then Christ's divinity would be obvious to them. Then they would come to Him and have assurance of a life that is eternal (v. 44b). By offering resurrection life, Jesus is overtly claiming His deity. He continues to make claims of divinity by saying that He is the One who was sent by the Father and has seen Him (vv. 45-46). It is with this backdrop that Jesus makes a bold claim, emphasized by the phrase, "Truly, truly," which is basically putting His word on the same level as Holy Scripture, infallible and inerrant. He says, "he who believes has eternal life" (v. 47).

In order to unpack this a little more, he uses an analogy that the Jews would have been familiar with from the Pentateuch (the first 5 books of the Old Testament). He harkens back to the days when the Hebrew people were in the wilderness and ate manna, which was a supernatural food that God provided for them (see Mass notes from last week). Even though they ate this supernatural food, their bodies still died. Jesus was claiming to be more than manna, He is the "manna" (or bread) that brings life to the soul (John 10:10). Being in relationship to Him who is the resurrection and the life, allows one to live eternally, even if the body dies (John 11:25). When Jesus said "and the bread also which I will give for the life of the world is my flesh," he was referring to His bodily sacrifice that He would make to bring atonement for our sins. The Old Testament set a precedent for the need for a blood sacrifice for the forgiveness of sins (Hebrews 9:22). So Jesus was showing that His impending death would be that sacrifice required by the Law to forgive us of our sins (1 John 2:2).

What can we learn from this reading to apply to our lives? When we celebrate communion we remember how Jesus gave up His life to bear the penalty for our sins. When we take of the bread, we remember His body that was broken on the cross for us. When we partake of the cup, we remember Jesus' blood that was poured out for us. Before we partake of communion we should examine our hearts in preparation. We can ask ourselves if we too have become so familiar with Jesus that we overlook that He is God? In addition, when this world starts getting to us, we can look to Him for life that is truly life, realizing that this world is not our home. We walk by faith that someday we will be with Him and all things will be made right. We can also be a spokesperson for God, sharing with others the wonderful opportunity to be made right with the Father through Jesus.

Bottom Line: Questions for Reflection

1. We said about the second reading:

God has placed upon each believer the seal of redemption through His Holy Spirit and this invisible marking is His certification that He will deliver upon what He has promised. What this means is that we are now inhabited by the very presence of God through His Spirit. Where we go with our thoughts and with our body, we take God with us. Because God lives in us, we are a new creation, the old way of life has gone and a new way of life has come (2 Corinthians 5:17). The Holy Spirit helps us to see our lives and the world from God's perspective. We can now make decisions based on God's value system, which is in sharp contrast to the world's value system.

In what ways do you bring God into your relationships? In your work life? In your relationship with you wife? In relationship to nonbelievers?

2. Reflect upon the last time you celebrated communion. Was your heart focused upon the Lord Jesus' sacrifice for you?

Saint Paul gave us a clue as to the importance of the celebration of communion. He said in 1 Corinthians 11:30 about those who were doing so in an unholy manner, "For this reason many among you are weak and sick, and a number sleep." Although his words were in the context of the full love feast he indicated the sincere need to examine our motives as we celebrate communion. In light of what we studied today, the next time you take communion examine your heart and sincerely prepare for the remembrance of Jesus dying on the cross for you sins.

Readings for the Week

Note: For a listing of readings for the Roman Catholic Mass visit this web site:

http://www.usccb.org/bible/readings/080915.cfm

First Reading 1 KGS 19:4-8

Second Reading EPH 4:30—5:2

Gospel Reading JN 6:41-51

Source(s):

Online Scripture verses for most Bible versions can be found at: http://www.biblegateway.com/

Scripture quotations taken from the NASB