Study Notes for the Sunday Mass Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5

Sunday Mass Study Notes for 01-21-2024



Welcome back to the Sunday Mass notes. This week we open with the first reading from the Prophet Jonah who wrote about events that happened just before the Northern Tribes of Israel were taken captive by the people about whom he was writing. Then we move to the second reading from Saint Paul's First Letter to the Corinthians and then close with the Gospel lesson from Saint Mark.

Introduction to the First Reading:

The first reading is from the Book of Jonah. Jonah was a Prophet who came from the region near Jesus' hometown of Nazareth. The context of the reading is the fulfillment of God's call to Jonah to go to Nineveh to preach to his foreign Gentile enemy. You may be familiar with what transpired in the first two chapters before Jonah finally obeyed God. His disobedience included getting on a ship going in the opposite direction at which point a fierce storm arose that threatened the lives of all of those on the ship. The sailors threw Jonah overboard where he was swallowed by a great fish. After being in the belly of the fish for three days and three nights it finally vomited him up on the shore. This is where we enter the story. *Note: All of the verses in the range from 1-10 have been included in order to provide the full context and meaning.*

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First Reading:

> *1 Now the word of the LORD came to Jonah the second time, saying, 2 "Arise, go to Nineveh the great city and proclaim to it the proclamation which I am going to tell you." 3 So Jonah arose and went to Nineveh according to the word of the LORD. Now Nineveh was an exceedingly great city, a three days' walk. 4 Then Jonah began to go through the city one day's walk; and he cried out and said, "Yet forty days and Nineveh will be overthrown." 5 Then the people of Nineveh believed in God; and they called a fast and put on sackcloth from the greatest to the least of them. 6 When the word reached the king of Nineveh, he arose from his throne, laid aside his robe from him, covered himself with sackcloth and sat on the ashes. 7 He issued a proclamation and it said, "In Nineveh by the decree of the king and his nobles: Do not let man, beast, herd, or flock taste a thing. Do not let them eat or drink water. 8 But both man and beast must be covered with sackcloth; and let men call on God earnestly that each may turn from his wicked way and from the violence which is in his hands. 9 Who knows, God may turn and relent and withdraw His burning anger so that we will not perish." 10 When God saw their deeds, that they turned from their wicked way, then God relented concerning the calamity which He had declared He would bring upon them. And He did not do it. (Jonah 3:1-10)*

What does this story teach us about God, the human condition, and our life in the world. First, we see that God is a God of second changes. Verse one says, "Now the word of the LORD came to Jonah the **second** time." Second, God is a God of compassion and mercy. He sent Jonah to Nineveh as a mission of mercy to inform the people that Nineveh was going to be destroyed. Thirdly, we learn that God rewards faith (Hebrews 11:6). Verse 5 says that the Ninevites believed God and showed that in their actions. Fourth, we learn that God responds to their repentance by not destroying them. Finally, we learn that God's plan of salvation extends beyond the Jews to the Gentiles (Jonah 4:11).

Jonah was reluctant to bring this message of salvation to the Gentiles who were also his enemies. This story provides insights into the human heart. Even though Jonah had received a direct revelation from God as a prophet, he was at first unwilling to share that message with those whom he deemed unworthy. There is a little bit of this in all of our hearts, it is called spiritual pride. In contrast to Jonah's hard heartedness, we see the surprise responsive hearts of the Ninevites (Gentile enemies of Israel). The Lord is no respecter of persons. We have this concept corroborated in Acts 10, "Opening his mouth, Peter said: 'I most certainly understand now that God is not one to show partiality, but in every nation the man who fears Him and does what is right is welcome to Him'" (Acts 10:34-35). The story of Jonah reminds us to reflect God's heart, which loves all people (John 3:16).

Introduction to the Second Reading:

The second reading is from Saint Paul's First Letter to the Corinthians. The context is that Paul is answering questions that the Corinthian church had asked him. In this particular section, he deals with marriage, singleness, circumcision, and buying one's freedom from indentured servanthood. This passage relays the criteria for making decisions that drastically change one's life.

Second Reading:

> *29 But this I say, brethren, the time has been shortened, so that from now on those who have wives should be as though they had none; 30 and those who weep, as though they did not weep; and those who rejoice, as though they did not rejoice; and those who buy, as though they did not possess; 31 and those who use the world, as though they did not make full use of it; for the form of this world is passing away. (1 Corinthians 7:29-31)*

The criteria for making life-changing decisions is to have an eternal perspective. Paul gives certain examples about what that may look like for the Corinthian people. He is not encouraging singleness for the sake of holiness or an emotionless existence. He is saying however that we must view our circumstances in light of an eternal perspective. If this world in its present form is passing away, how now shall we live?

Introduction to the Gospel Reading:

The Gospel reading is from Mark Chapter 1. The context is immediately after Jesus' baptism and subsequent temptation by the devil in the desert.

Gospel Reading:

> *14 Now after John had been taken into custody, Jesus came into Galilee, preaching the gospel of God, 15 and saying, "The time is fulfilled, and the kingdom of God is at hand; repent and believe in the gospel." 16 As He was going along by the Sea of Galilee, He saw Simon and Andrew, the brother of Simon, casting a net in the sea; for they were fishermen. 17 And Jesus said to them, "Follow Me, and I will make you become fishers of men." 18 Immediately they*

> *left their nets and followed Him. 19 Going on a little farther, He saw James the son of Zebedee, and John his brother, who were also in the boat mending the nets. 20 Immediately He called them; and they left their father Zebedee in the boat with the hired servants, and went away to follow Him. (Mark 1:14-20)*

This passage records the beginning of Jesus' public ministry that includes His message and the calling of His messengers. First, His message is one of good news, which is what the word "gospel" means. Jesus came to let people know that it was now time for them to respond to His invitation to enter into the kingdom of God. Instead of the kingdom of God being far away and only for a few elite people, Jesus let them know that the kingdom of God is actually among them (v. 15). The proper response to this good news is to repent, which means to turn from their sin, and believe in the gospel. This is the same response He asks of each one of us today.

The second part of this passage is the calling of His messengers. Simon, Andrew, James and John were all hardworking fishermen. Jesus invited them to be His disciples, which meant leaving their nets and following Him. In the case of James and John, this also meant leaving their father in the boat to carry on the family business without them. Jesus' disciples were not rabbinic students but were rather common tradespeople who would have been considered unclean by the religious authorities.

What we can see about God's heart from this passage is that He reaches out to the least likely candidates. First, Jesus proclaimed the Good News to the common person. One would believe that the Messiah would choose an elite class of religious leaders who show great promise in leading the kingdom. Instead, just as we saw in the first reading, God is no respecter of persons. The prerequisite for life in the kingdom is repentance and belief, not religious pedigree. In addition, God chose the lowly to be His representatives.

In my life, I have had to reconsider my beliefs regarding who would or would not come to believe in Jesus Christ. I worked in a state prison where I saw convicted criminals give their heart to the Lord that provoked deep change in their lives. Someone who would have been manipulative and self-seeking became trustworthy and sacrificial. One man in particular was a practicing Muslim and had even adopted a Muslim name. Over the years, his heart became softened and one day another of the professors led him to express faith in the Lord Jesus. This is just one example of people who are often marginalized by the Christian society thinking that they will never come to the Lord. How we treat people is a reflection of God's heart for them and that He wants all men to come to the knowledge of everlasting life in Him (2 Peter 3:9).

Reflection Questions

1. As we saw in the lesson, the word "gospel" is a word that means "good news." Do you see the message of the Bible as good news? If so, how is the kingdom of God being "at hand" good news in your life? How might this be good news to others in your life? Is there anyone with whom you would like to share the good news of Jesus Christ this year?

2. In the first and last reading we saw how God is no respecter of persons; He does not show partiality. How does the fact that God reaches out to the hearts of people who we may consider unlovable and impossible to reach challenge your beliefs about sharing your faith with others? Are there people that you are quick to judge? Pray that God would open your eyes to their potential and change your heart so that you can reflect His generosity in bringing unlikely people into the kingdom.