Study Notes for the Sunday Mass Published by Christians for Christ Ministries. We are a non-denominational Christian ministry that seeks to encourage and facilitate Christians in studying the Holy Scriptures. **"For there is one God and one mediator between God and mankind, the man Christ Jesus."** 1 Timothy 2:5

Sunday Mass Study Notes for 04-14-2024



Welcome back to the Sunday Mass notes. This week Marla shares the study of the readings beginning with Acts 3 where Saint Peter explains the meaning of the death of resurrection of Jesus. The second reading in First John also clarifies the importance of our relationship to Jesus Who is our Advocate in the face of our sin. Finally, the Gospel lesson from Saint Luke relates one of the stories of Jesus' appearance to the disciples after His resurrection.

Introduction to the First Reading:

When my son Cole was a little boy, he was often oblivious to what was going on around him. I remember one time we were anticipating the visit of a beloved aunt and uncle. My husband and I spoke of it for weeks ahead of time around the dinner table. But when the day came and his aunt and uncle arrived, Cole was surprised to see them and more than a little perturbed with us. "Why didn't anyone tell me they were coming?" He wanted to know. We assured him we had spoken of it numerous times in various ways in his presence. But somehow, he didn't get the message.

Turns out the Jews were a little like Cole. They had heard of the Messiah for generations. Moses and all the prophets from Samuel on had spoken of Him saying the Messiah would come and would suffer for their sins. Yet when Jesus came on the scene, they didn't recognize Him. And when a miracle was performed in front of their eyes in the power of Jesus name, the people were astonished.

A man lame from birth was well known by the Jews who came to the temple. For as long as they could remember this man sat at the temple gate begging for money. This day, though, Peter and John, disciples of Jesus and filled with the power of the Holy Spirit, healed the man (see Acts 2: 36-47). His walking and leaping and praising God caused quite a stir in the temple that day, and the people came running to the men they thought responsible for the miracle. In the first reading, Peter denies being responsible and points the people to Jesus instead. In addition, he points out that though the Jews heard the prophets, they somehow didn't understand the message. Instead of receiving the Messiah, they had disowned Him and killed Him. Devastating words! Yet it was not too late to respond. They could repent and turn to God and their sins would be wiped away and times of refreshing would come from the Lord (v. 19).

First Reading:

> *Acts 3:12-19 NAS95 12 But when Peter saw this, he replied to the people, "Men of Israel, why are you amazed at this, or why do you gaze at us, as if by our own power or piety we had made him walk? 13 The God of Abraham, Isaac and Jacob, the God of our fathers, has glorified His servant Jesus, the one whom you delivered and disowned in the presence of Pilate, when he had decided to release Him. 14 But you disowned the Holy and Righteous One and asked for a murderer to be granted to you, 15 but put to death the Prince of life, the one whom God raised from the dead, a fact to which we are witnesses. 16 And on the basis of faith in His name, it is the name of Jesus which has strengthened this man whom you see and know; and the faith which comes through Him has given him this perfect health in the presence of you all. 17 And now, brethren, I know that you acted in ignorance, just as your rulers did also. 18 But the things which God announced beforehand by the mouth of all the prophets, that His Christ would suffer, He has thus fulfilled. 19 Therefore repent and return, so that your sins may be wiped away, in order that times of refreshing may come from the presence of the Lord;*

It is important to note that in this passage Peter is speaking to "men of Israel," i.e. Jewish people (v. 12). He appeals to their heritage of "The God of Abraham, Isaac and Jacob, the God of our fathers" (v. 13). Then he uses multiple terms to identify Jesus, including:

- [God's] servant (v. 13
- The Holy and Righteous One (v. 14)
- The Prince of Life (v. 15)
- The one whom God raised from the dead (v. 15)

These are some strong statements about who Jesus is. When we believe in Jesus, it is because we are convicted of our need for a Savior. This leads us to repent of (or turn away from) our sins. Peter invited them to turn from their sin and return (to the Lord) so that their sins would be wiped away. This same invitation is extended to everyone who is willing to believe in Jesus.

It is possible to attend Mass, hear that Jesus died for your sins, but not fully understand the message. Peter says to repent of our sins and then to turn to God so that our sins will be wiped away and that times of refreshing will come to us. God has promised, and He always keeps his promises.

Introduction to the Second Reading:

I know shopping online is popular, fast, and convenient. However, how many of us have purchased something online and ended up with an inferior product? Sometimes I prefer to go into a store, see the product with my own eyes, and handle it and try it out with my own hands. Only then can I be sure that what I am purchasing is the real deal.

St. John the apostle testified that Jesus was who He claimed to be—the Son of God and Savior of the world. And how did John know that? Because he was an eyewitness to the life and ministry of Jesus and with Peter and James was part of Jesus' inner circle. Here is how St. John spoke of his

relationship with Jesus:

> *1 John 1:1-4 NAS95 1 What was from the beginning, what we have heard, what we have seen with our eyes, what we have looked at and touched with our hands, concerning the Word of Life– 2 and the life was manifested, and we have seen and testify and proclaim to you the eternal life, which was with the Father and was manifested to us– 3 what we have seen and heard we proclaim to you also, so that you too may have fellowship with us; and indeed our fellowship is with the Father, and with His Son Jesus Christ. 4 These things we write, so that our joy may be made complete.*

St. John had seen Jesus with his own eyes, heard Him with his own ears, and touched Him with his own hands. He knew from firsthand experience the real Jesus and wanted others to know Him, too. However, false teachers—the Gnostics—were teaching error, calling the body evil, denying the true humanity of Jesus, and living immoral lives. St. John reminded his readers that those who claim to be real followers of Jesus would live as Jesus lived not like the Gnostics, indulging in immorality. He explains:

> *1 John 1:5-8 NAS95 5 This is the message we have heard from Him and announce to you, that God is Light, and in Him there is no darkness at all. 6 If we say that we have fellowship with Him and yet walk in the darkness, we lie and do not practice the truth; 7 but if we walk in the Light as He Himself is in the Light, we have fellowship with one another, and the blood of Jesus His Son cleanses us from all sin. 8 If we say that we have no sin, we are deceiving ourselves and the truth is not in us.*

This idea is expanded in the second reading.

Second Reading:

> *1 John 2:1-5 NAS95 1 My little children, I am writing these things to you so that you may not sin. And if anyone sins, we have an Advocate with the Father, Jesus Christ the righteous; 2 and He Himself is the propitiation for our sins; and not for ours only, but also for those of the whole world. 3 By this we know that we have come to know Him, if we keep His commandments. 4 The one who says, "I have come to know Him," and does not keep His commandments, is a liar, and the truth is not in him; 5 but whoever keeps His word, in him the love of God has truly been perfected. By this we know that we are in Him:*

The big idea in this reading is the importance of having a personal relationship with Jesus, rather

than living hypocritically by claiming knowledge of Him with no fruit. If we claim to know Jesus and do not follow His commands, we are liars, and His truth is not in us (v. 4). Anyone can claim to be a Christian, but John gives a clear guideline to assess ourselves. Keeping Christ's commands shows the sincerity of our claim to be a Christian. Obedience from the heart is a byproduct of coming "to know Him,"and an outward manifestation of an inward reality.

Even while we are in Christ, we recognize the ongoing struggle we have with sin. The good news is that when we sin we have an advocate—an advocate is someone who has authority and uses that position on our behalf. God hates sin and as a good judge must punish sin. The Bible says the wages of sin is death (Rom. 6:23A). But Jesus is the propitiation for our sins (v. 2). Propitiation means "satisfaction." God is propitiated—satisfied—with Jesus' sacrifice. Jesus pleads our case before the Father. He died and shed His blood for our sins so we don't have to. And when we truly believe in Jesus, we will walk in His ways, demonstrating that our faith is real.

Introduction to the Gospel Reading:

My son Cole was not the only one who failed to fully comprehend what was going on right before his eyes. The disciples, too, often heard and saw things that they did not fully understand until later. When Jesus said, "Destroy this temple and I will raise it up the third day, some thought He was talking about a building. It wasn't until after Jesus was raised from the dead that the disciples understood He was referring to his death and resurrection.

Maybe that's why two disciples on the road to Emmaus didn't recognize the resurrected Jesus when He joined them along the way. The disciples told their fellow traveler about the Nazarene, who was crucified three days prior and how puzzled they were in the report from eyewitnesses that His tomb was empty. What could it mean? Then Jesus said to them:

"*O foolish men and slow of heart to believe in all that the prophets have spoken! Was it not necessary for the Christ to suffer these things and to enter into His glory?" Then beginning with Moses and with all the prophets, He explained to them the things concerning Himself in all the Scriptures*." (St. Luke 24: 25-27)

Their hearts burned within them when He spoke, but it wasn't until later, when the three of them

broke bread together, that the disciples recognized Jesus. A moment later, He vanished from their sight. They hurried to Jerusalem to find the apostles and to testify that they had seen the risen Lord. As they spoke, Jesus appeared in their midst.

Gospel Reading:

> *Luke 24:35-48 NAS95 35 They began to relate their experiences on the road and how He was recognized by them in the breaking of the bread. 36 While they were telling these things, He Himself stood in their midst. 37 But they were startled and frightened and thought that they were seeing a spirit. 38 And He said to them, "Why are you troubled, and why do doubts arise in your hearts? 39 See My hands and My feet, that it is I Myself; touch Me and see, for a spirit does not have flesh and bones as you see that I have." 40 And when He had said this, He showed them His hands and His feet. 41 While they still could not believe it because of their joy and amazement, He said to them, "Have you anything here to eat?" 42 They gave Him a piece of a broiled fish; 43 and He took it and ate it before them. 44 Now He said to them, "These are My words which I spoke to you while I was still with you, that all things which are written about Me in the Law of Moses and the Prophets and the Psalms must be fulfilled." 45 Then He opened their minds to understand the Scriptures, 46 and He said to them, "Thus it is written, that the Christ would suffer and rise again from the dead the third day, 47 and that repentance for forgiveness of sins would be proclaimed in His name to all the nations, beginning from Jerusalem. 48 You are witnesses of these things."*

Notice what great effort Jesus made to demonstrate that the One who stood before them was not a spirit or a conjuring of their grieving imagination. It was the real flesh and bone person of Jesus. They could actually see and touch the nail prints in His hands and feet. And in a final convincing proof, Jesus ate a piece of fish, something no dead person or disembodied spirit could do. It was really Jesus, raised bodily from the dead.

Because He was raised from the dead, we have the hope of a new life also, not just in heaven someday but here and now (Romans 6:1-8). The disciples were to proclaim to the whole world the message of repentance, forgiveness, and resurrection to new life. And now it's our turn to proclaim this life-giving news to our generation.

Reflection Questions

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1. Even when we read the Bible, we sometimes miss the message. What message about Jesus did you learn from the reading today that you hadn't noticed before? How can understanding that message change how you live today?

2. Because Jesus was raised from the dead, we have the hope of new life also, both now and for eternity. What is one way you can begin to share that message with those around you?